

VOL. 1 | SEPTEMBER 2020

NPA: IN THE LOOP

Updates for the parents of Northland Preparatory Academy

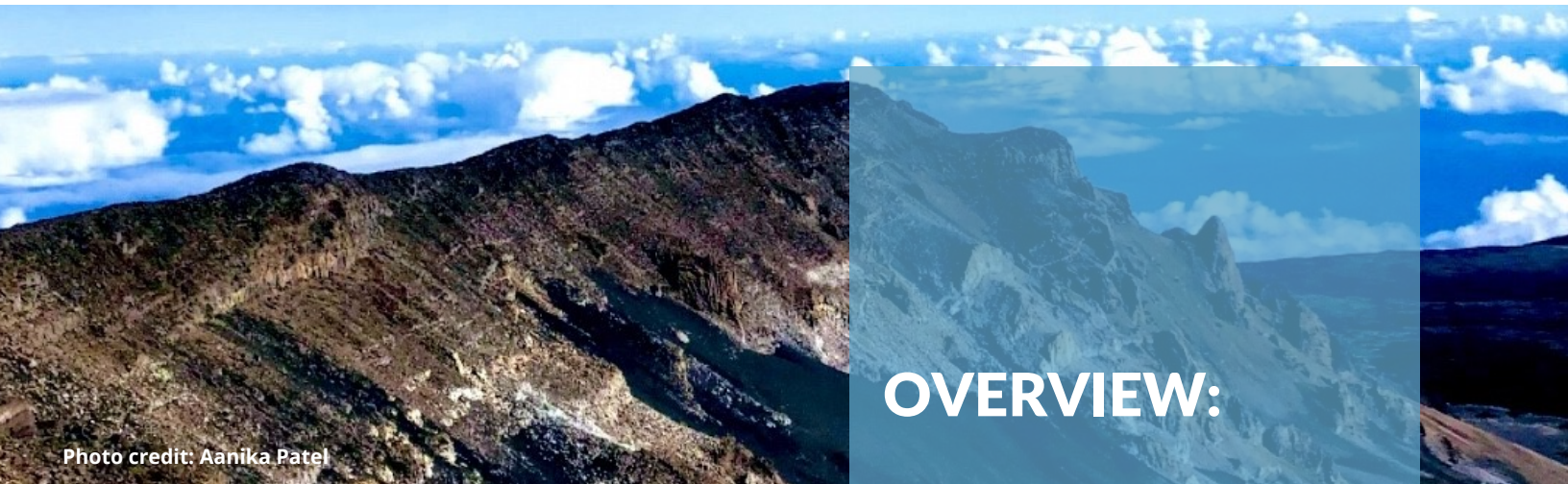


Photo credit: Aanika Patel

Welcome Back

Welcome Back to all of our students and their families! We are so excited for another year with you and while education is not quite the same right now, we are so grateful that you are apart of our community. Each and every staff/faculty member is excited for the time when we all get to come back to in-person school. In the meantime, take a deep breathe, communicate your needs to your teachers and/or counselors so we can walk with you and help you through this time.



OVERVIEW:

- Welcome Back
- Senior Meeting
- ACT/SAT/PSAT information
- Club Rush
- Tips for online success
- Insights from an Alum

NPA Counseling Team:

Erin Gilmore, "School Psychologist"
Carol Willis, Counseling A-M
Gianna Wiggins, Counseling N-Z

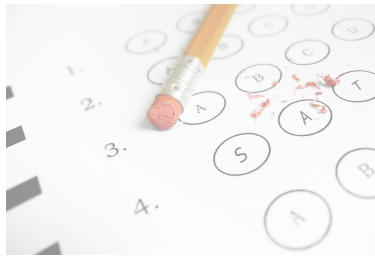
MARK YOUR CALENDAR:

We are having a "Meet the Counselors" event on September 28th & October 1st at 6 pm. Here we will have brief introductions and have a Q&A session. Please check your email for zoom links.

Senior Information Meeting

On Thursday, September 17th @ 8 am we will hold a mandatory senior meeting. On September 9th, an email with a zoom link went out to all seniors. Please check with your senior to make sure they received the link and mark their calendar for this event.

At this meeting, your student will meet the counselors, discuss transcripts, college applications, SAT/ACT, and answer questions. We recognize that this is a stressful time and hope that this will be a space where students and families can get some answers to their questions.



SAT/ACT/ PSAT Information

Testing is waived for the in-state schools for the class of 2021 as an admissions requirement. No statement about the tests for the class of 2022 has been released.

Admissions requirements will differ from state-to-state, school-to-school. Please look at the schools in which you are planning to apply to learn about their admission requirements for the class of 2021.

PSAT has been postponed until January.

Club Rush

NPA will be conducting a Virtual Club Rush beginning Friday, September 18th. All clubs that NPA will be initially offered for the 2020-2021 school year will be featured on the NPA school website. Each club will feature a separate Google Sites page describing that specific club as well as the club's expectations, calendar of events and contacts.

Currently, NPA will offer the following clubs:

- Peers
- Disc Golf
- Model UN
- Dance Team
- ARC/DEI
- Chess
- Prom Committee
- National History Day
- Family & Tradition
- Film Club
- Baton Twirlers
- Student Council (HS/MS)
- GCY (HS/MS)
- 8th Grade Trip
- She's The First
- Mtn Biking
- NHS

Please log in to NPA's website for further updates on club news and stay tuned to this newsletter.

Tips for Online Success

By Erin Gilmore



Photo credit: Aanika Patel

The online world can feel stressful and overwhelming for families and their students. Here are some tips to help you succeed:

- Use your agenda to write down when assignments are due in each class. Check them off as you go.
- If you have an appointment or practice or... mark these in your calendar to have a better look at how you are spending your Good Time management is key!

- Be engaged and assertive when participating in zoom. The days of being passively educated are gone.
- Communicate via email or call your teachers when you don't understand something. Ask for help! No one knows what you need unless you tell them.
- Reach out to your counseling department for support or questions. We are here to help.

Northland Preparatory Academy Presents
I N S I G H T S
FROM AN ALUM

MEET JASMINE MUELLER-HSIA

Jasmine graduated from NPA with the class of 2014. She attended Stanford University where she majored in Feminist, Gender & Sexuality Studies with a concentration in Queer Studies. Jasmine graduated from Stanford with the class of 2018.

Jasmine now works as a sexual health educator at a non-profit in the Californina Bay Area. In addition, Jasmine also works as a Behavior Specialist with children who have Autism.



ADVICE FOR SENIORS

- "There is no magic formula to getting into college. It is more important to find a school that is a good fit for you than going to the most competitive school"
- "Be gentle with yourself. It's okay to not get it all done or for something to take longer than you think it will. I really struggled with that. And still do."
- "Think about what gets you excited and be prepared to work hard for it."
- "You are welcome to reach out to me if you have any questions via email @ jasmine.muellerhsia@gmail.com. I am happy to help any way that I can."