

INJURY PREVENTION.

NPA Sports Medicine Services

Dear NPA Parents/Guardians & Student-Athletes,

Flagstaff Sports Institute's Certified Athletic Trainer and Athletic Department Partnership is offering injury care clinic services at Northland Preparatory. My name is Tiffany Kobordo and I am excited for the chance to introduce myself and inform you of the services I am providing to athletes at Northland Preparatory Academy.

I am a **Certified Athletic Trainer**, which is a highly qualified, multi-skilled healthcare professional who specializes in the prevention, examination, diagnosis, treatment and rehabilitation of emergent, acute, or chronic injuries and medical conditions. Flagstaff Sports Institute's partnership with NPA will **provide injury clinics to athletes** in the Fitness Room at NPA on **Mondays from 3:45 – 4:45 pm**. This is a **free service for all athletes** at Northland Preparatory Academy.

Research shows schools that utilize a Certified Athletic Trainer have lower athlete injury rates and significantly improved concussion care. The Certified Athletic Trainer and Athletics Department Partnership is a program provided by **Flagstaff Sports Institute**. Flagstaff Sports Institute is a local non-for-profit dedicated to ensuring the safety and long term well being of Flagstaff's youth athletes. Medical oversight of the program is provided by the physicians at Flagstaff Bone and Joint. Dr. Torey Botti and Dr. Darius Moezzi are both Fellowship Trained Sports Medicine Surgeons who both serve as team physicians for the U.S. Ski and Snowboard Team. Concussion care and ImPACT testing are overseen by Dr. Kevin O'Donnell, who is a Fellowship Trained Sports Medicine specialist who specializes in Concussion Care.

On the back of this letter are instructions on registering for the SportsWare Portal to consent to having your athlete receive sport-related medical services as needed. On this portal, I have also briefly outlined policies in place, including concussion care, so that you may better understand the role we all play in the health and wellbeing of the athletes at Northland Preparatory Academy. If you do not wish to enroll online and would still like to consent to having your athlete receive medical services as needed, please contact the head coach and we can provide you with a hard copy of the consent form and documents to review and sign.

To receive services as needed, **please sign and submit** the Athletic Training Services Consent Forms on the **SportsWare Portal. Instructions are on the back of this letter.** Please do not hesitate to contact myself or Mike Elder (AD) if you have any questions. Thank you! I am looking forward to interacting with you all this upcoming season!



Sincerely,

Tiffany Kobordo, MS, ATC, OTC, CSCS

Northland Preparatory Academy

Athletic Trainer: Flagstaff Sports Institute Email: tkobordo@flagstaffsportsinstitute.com

Office: (928) 440-5302



NPA Sports Medicine Services



Enrollment Instructions:

Flagstaff Sports Institute is excited to announce the implementation of SportsWare's Online Parent Portal! This portal registers the athlete to utilize the free Athletic Training medical services offered at NPA and serves as a communication resource between parents, athletes, and Athletic Trainer.

To have your son/daughter receive Athletic Training services, you must first register your son/daughter on SportsWare and sign the consent forms for evaluation and treatment.

<u>Instructions on how to register are below:</u>

- 1. Visit www.swol123.net
- 2. Scroll to middle of screen and click join SportsWare button under Athlete/Parent tab
- 3. Enter your School ID: NASM
 - a. FYI: NASM = Northern Arizona Sports Medicine
- 4. Enter in athlete's information, school, and your email if athlete is a minor



username?

Athlete/Parent: Don't have a

JOIN SPORTSWARE

5. Your request will then be sent to the Athletic Trainer for review!



Once your request is accepted (may take a day or two), you will receive an email to set your password

- Sign In 1. Click the link in the email to the www.swol123.net E-Mail: website, enter in your email and select "Reset Password: Password/Forgot Password"
- 2. You'll receive an email entitled "SportsWareOnLine Password Request"- click the link to reset your password, enter in information, and click SAVE button on top right

Sign In

parent@swol123.net 3. Now, visit www.swol123.net and Login

